

# MS SNARE DRUM DOUBLE / DRAG / RUFF CYCLE

FOR MAXIMUM EFFECTIVENESS: PLAY DOWN TWICE

“It’s about how you manipulate the articulation FROM the drop, rather than changing your technique as a whole.”

① 2-HEIGHT 8s COUNTDOWN 1 MINUTE

L L L L L L L L    L L L L L L L L    L L L L L L    L L L L

② 2-HEIGHT 8s ACCENTS 1 MINUTE

L L L L L L L L    L L L L L L L L    L L L L L L    L L L L

③ 2-HEIGHT 8s COUNTDOWN 1 MINUTE

R R R R R R R R    R R R R R R R R    R R R R R R    R R R R

④ 2-HEIGHT 8s ACCENTS 1 MINUTE

R R R R R R R R    R R R R R R R R    R R R R R R    R R R R

⑤ MORELLO 2 MINUTES

R R R R L L L L    R L L L L R R R    R L L L R R    R L R L

⑥ DOUBLE BEAT 1 MINUTE

R L L    R L L    R L L    R L L    R L L    R L L    R L L    R L R L

⑦ DOUBLE GRID 1 MINUTE

R R L L    R R L L    R R L L    R R L L    R L L R    R L L R    R L L R    R R L L

L L R R    L L R R    L L R R    L L R R    L R R L    L R R L    L R R L    L R R L



⑤ MICHI'S DIDDLE CYCLE - first diddle, second diddle, third diddle, 5-stroke, tap-5, outside 5, tap roll, long roll  
 PLAY AT A SLOW, FAST AND MEDIUM TEMPO

18

⑩ MICHI'S PUDADUHS 1 MINUTE

⑪ WALKIN' THE DRAG 2 MINUTES

13

⑫ WALKIN' THE RUFF 5 MINUTES